



Healing Touch

Healing Touch is an integrative healthcare method that supports patient-centered care. **An evidence-based therapy, it is effective in reducing pain and anxiety with a gentle, noninvasive application.** Holistically focused, Healing Touch addresses the physical, emotional, mental and spiritual aspects of the individual. It is a biofield therapy that works to gently restore balance in the patient's energy system to support the body's natural self-healing process. Healing Touch is not massage and is administered with the caregiver's hands gently near, or lightly touching, the patient's body while they are laying down or sitting up.

As a **standardized, board-certified and nationally accredited continuing education program**, Healing Touch Program offers nurses, physicians and other caregivers training in a professional integrative therapy that is widely used in hospitals, VA Medical Centers and other clinical settings. **Based on nursing standards, Healing Touch integrates easily with standard medical care.**

HEALING TOUCH IN INTEGRATIVE CARE

- Is economical to deliver
- Increases patient satisfaction and experience
- Improves nurse job satisfaction
- Meets consumer demand for integrative care
- Is ideal for staff wellness and support

BENEFITS OF HEALING TOUCH

- Reduces pain and anxiety
- Improves relaxation and sleep quality
- Accelerates wound healing and recovery from surgery
- Reduces side effects of cancer treatments
- Improves mood and sense of hopefulness

HEALING TOUCH AS AN INTEGRATIVE PRACTICE IS:

- Evidence-based
- Gentle and non-invasive
- Safe with no reported contraindications
- Easy to learn and straightforward to administer

With **versatile application in the healthcare setting, Healing Touch can be applied easily in a few minutes at the bedside as care is provided, or in longer sessions.** Physicians, nurses, chaplains and a variety of other healthcare professionals may be trained to use Healing Touch for patient care and personal self-care. Following the first level of instruction, caregivers can immediately use Healing Touch with patients.

Contact us today about introducing Healing Touch in your facility.

ICP@HealingTouchProgram.com — 210-497-5529 x11

Visit our website for more information: www.HTICP.com

Accreditations and Endorsements



© 2015-2021 Healing Touch Program Inc.